

Setting priorities for bleeding disorders

Putting people with inherited and acquired bleeding disorders at the heart of multidisciplinary research. The official Top 10 research priorities:

Top 10 questions:

- 1 What is the role and cost effectiveness of blood clotting tests that give immediate results at the bedside (point of care) in managing medical, surgical or obstetric haemorrhage?
- 2 How can we balance the risk and benefit of antithrombotic (blood thinning) treatment for cardiovascular disease (including heart attacks and strokes) in patients with bleeding disorders?
- 3 What is the best haematological approach to management of severe haemorrhage after delivery?
- 4 How should heavy periods be managed in women with bleeding disorders?
- 5 What is the relationship between immune thrombocytopenic purpura (ITP) and fatigue?
- 6 What are the most effective treatments for acute and chronic pain in people with haemophilia?
- 7 What are the benefits of psychological and psychosocial strategies for support of individuals or families affected by bleeding disorders?
- 8 What are the genetic and environmental factors that predispose people to immune thrombocytopenic purpura (ITP)?
- 9 What is the best way to prevent or treat bleeds in people with bleeding disorders who have developed an inhibitor?
- 10 In people with haemophilia, what is the best way to tell the difference between pain from acute bleeds, non-bleeding muscle/ligament injury and long term joint damage?

The funnel



What happens next

The Top 10 unanswered questions identified by this PSP were presented to the UKHCDO on 14th November 2018. This report and the Bleeding disorders top 10 questions will be placed on the JLA website. The JLA will work with Steering Group members and the NIHR to promote the questions to researchers and research funders. The NIHR will review the uncertainties for suitability for its research commissioning programmes